



Family Psychology Associates

Strengthening relationships...improving lives.

Reading List: Women's Issues

The Highly Sensitive Person: How to Thrive When the World Overwhelms You
by Elaine Aron

The Verbally Abusive Relationship: How to Recognize it and How to Respond
by Patricia Evans

The Dance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships
by Harriett Lerner

The Wizard of Oz and other Narcissists: Coping with the One-Way Relationship in Work, Love and Family
By Eleanor Payson