



Family Psychology Associates

Strengthening relationships...improving lives.

Reading List: Parenting

Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent and Energetic

by Mary Kurcinka

Raising an Emotionally Intelligent Child

by John Gottman, Joan Declaire and Daniel Goleman

How to Talk so Kids Will Listen and Listen so Kids will Talk

by Adele Faber and Elaine Mazlish

The Seven Habits of Highly Effective Families

by Stephen Covey

Raising a Thinking Child: How to Help Your Young Child to Resolve Everyday Conflicts and Get Along Better with Others

by Myrna Shure and Teresa Foy Geronimo

Raising Resilient Children: Fostering Faith, Hope and Optimism in Your Child

by Robert Brooks and Sam Goldstein

The Optimistic Child: A Proven Program to Help Safeguard Children Against Depression and Build Lifelong Resilience

by Martin Seligman

1-2-3 Magic: Effective Discipline for Children 2-12

by Thomas Phelan

The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children

by Ross Greene

The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder

by Carol Stock Kranowitz

Reviving Ophelia: Saving the Selves of Adolescent Girls

by Mary Pipher and Ruth Ross