



Family Psychology Associates

Strengthening relationships...improving lives.

### **Reading List: Emerging Adulthood**

The Myth of Maturity: What Teenagers Need from Parents to Become Adults by Terri Apter

Emerging Adulthood: The Winding Road from the Late Teens through the Twenties by Jeffrey Jensen Arnett ~ [http://fampsy.org/documents/EmerAdul\\_Chap1.pdf](http://fampsy.org/documents/EmerAdul_Chap1.pdf)

Becoming a Wise Parent for Your Grown Child: How to Give Love and Support without Meddling by Betty Frain and Eileen Clegg

Money Doesn't Grow on Trees: A Parent's Guide to Raising Financially Responsible Children by Neil Godfrey, Carolina Edwards and Tad Richards